

Friends breakfast at Fidelisbäck

ALL DAY

ORGANIC EGGS
from the Endraß organic farm in Wangen

Mini-scrambled eggs / breakfast egg	2.10
2 fried eggs with ham	6.50
2 scrambled eggs with ham	6.50
Cream cheese	0.95
Barrel butter from the Bauhofer cheese dairy	0.95
Homemade jam	0.95
Beekeeper's honey	0.95
Bionella nut-nougat-cream vegan	0.95
Ham or cheese	4.90
Butterhörnle	2.10
Croissant	2.50
Pain au chocolat	2.60

Breakfast & late-morning snacks

LARGE FIDELIS—BREAKFAST	9.00
cooked & raw ham, Baldauf lemon pepper cheese, mountain cheese and finely shaved Baldauf alpine cheese, Bauhofer's barrel butter, homemade jam, cream cheese, mini oats & grapes	
WHITE SAUSAGE BREAKFAST	7.30
two white sausages from the Joos butcher's shop in Wangen with sweet „Hausmacher“ mustard	
SWEET BREAKFAST	2.90
Two sweet spreads (homemade jam, beekeeper's honey or Bionella) with barrel butter	
OVERNIGHT OATS vegan	5.00
with oat flakes, apples, core mix, almonds, cinnamon and berries	
BREAD BASKET	1.00/St.
e.g. pretzel pastry, wood-fired rolls, Fidelis breadsticks	


Tip:

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Cappuccino	4.00
Coffee endless	4.40
Ginger-Lemon Spritz	4.50
Mini-scrambled eggs	2.00
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Soups

SPOON AS YOU PLEASE	
Vegetable soup vegan	
traditional & experimental, international & local	7.40 ✓
Goulash soup	
Original Hungarian recipe	8.50

Salad

COLOURFUL UND FULL OF IDEAS	
Fidelis-Salad	12.50 ✓
what the season has to offer	
Pick lettuce	4.70 ✓
on the side or for the small appetite - with cucumbers, cocktail tomatoes and changing dressing	

THE ORIGINAL

Leberkäs
(Bavarian meat loaf)

Early bird or night owl? Our classic tastes good any time of day. Original Fidelis Leberkäs (meat loaf), fresh from oven. Friends Josef Heine and Otto Joos invented it 80 years ago. And that's exactly how we still bake it today: juicy, pure and with a fine crust.

LEBERKÄS servicing [200 g]	7.40
LEBERKÄS small servicing [130 g]	6.90

comes with: medium hot mustard & sweet „Hausmacher“ mustard from the mustard pot

Tip: homemade fried onions freshly made every day, therefore only from 11 a.m. 2.50

hot breadsticks

Hot and colourful toppings. The Upper Swabian soul thrives on diversity. Baked with passion - that's what makes the difference.

BERGSEELE	9.00
grain breadstick with Black Forest ham, mountain cheese from the Baldauf cheese dairy, onions and pickles	
WANGENER MARKETSEELE	8.70
Half-unfolded grain breadstick with pesto, fresh tomatoes, courgettes, peppers, arugula and mountain cheese from the Baldauf cheese dairy vegan made with cashew nuts	
HAM—CHEESE—SEELE	8.80
hot breadstick with cooked ham from the Wangen butcher's shop Blaser, Allgäu Emmental cheese from the cheese dairy Bauhofer and onions	
SPECIAL—SEELE	9.10
seasonal and creative. What's on offer today? See the menu boards for details.	

Bread + Time

Bread. Sausage. Cheese. The simplest things taste the best. Cheese from Wangen from the Zurwies organic cheese dairy, mountain cheese from the Baldauf cheese dairy, Allgäu Emmental from the Bauhofer cheese dairy and fine sausage specialities from the neighbourhood.

LEBERKÄS—SALAD	9.70
Thin slices of Leberkäs meat loaf, served as a sausage salad with Baldauf mountain cheese, onions, gherkins and peppers, marinated in a homemade dressing.	
HALF AND HALF	9.80
Can't decide? No problem. Enjoy two delicacies in one: Hot Leberkäs meat loaf and cold farmer's ham sausage from the Joos butcher's.	
SWABIAN OBATZDA	8.80 ✓
Cheese dip made with spicy, naturally matured alpine cheese, curd cheese, onions, peppers and parsley	
SAURER KÄS BY FIDELIS	9.70 ✓
Marinated brick cheese from the Allgäu cheese dairy Zurwies with colourful cherry tomatoes and caraway seeds.	
WANGENER WHITE SAUSAGES	7.30
Two white sausages from the Joos butcher's shop in Wangen with sweet „Hausmacher“ mustard.	

Spritzer

Lindauer juices from Lake Constance

Spritzer:	0,4l	
Currant	4.30	
Apple-Cherry	4.10	with fresh ginger &
Orange	4.10	freshly squeezed
Apple	4.10	lemon 0,4l 4.50

Ginger-Lemon Spritz



Sparkling

Table water	0,4l	3.30
Krumbach Gourmet natural / medium	0,5l	3.90
Cola, Orange, Lemon, cola & orange soda mix	0,4l	3.90

Hops & Malt

Our beer also comes from the Allgäu. We've been tapping Meckatzer beer for almost 100 years, and we've been serving the dark half-pint from the Zötler brewery in Rettenberg for almost as long.

Freshly tapped

Meckatzer Weiss-Gold	0,3l	3.70
Zötler Korbinian Dark	0,5l	4.40
Radler (shandy) light or dark		
Meckatzer Wheat Beer		
Meckatzer Wheat Beer alcohol-free		



Bottled selection

Meckatzer Original Wheat Beer		
Meckatzer Light Wheat	0,5l	4.40
Meckatzer Pilsner		
Meckatzer Weiss-Gold		
Weiss-Gold alcohol-free	0,33l	3.70

Wine

Fine organic wines from the winemaker Teresa Deufel from Lindau on Lake Constance. The grapes are selectively hand-picked and the entire vineyard is organically farmed.

white	Johanniter BIO	0,1l 4.20	0,2l 5.70	Spritzer 0,2l 4.50
	lively acidity & fine apricot notes			
	Cabernet blanc BIO	0,1l 4.80	0,2l 6.50	
	Artichoke, nettle & herbs			
	Solaris BIO	0,1l 4.50	0,2l 6.10	
	tropical, fruity			
red	Vinatur Cuvée BIO Red	0,1l 4.40	0,2l 6.10	Spritzer 0,2l 4.60
	Coffee bean, black currant, gooseberry - Winery Haug from Lindau on Lake Constance			



Schnapps

The small TRAUTMANN DISTILLERY in Beuren near Opfenbach has been distilling for over 150 years. We've teamed up with Edwin Trautmann to develop an Allgäu Bread-Gin. Clear, fresh, no frills, strong with juniper berries and the unmistakable of Fidelis bread. Great on its own or as a gin tonic.

Gin Tonic		Apple from a high trunk	3.70
		hay schnapps with over 20 different types of hay	3.70
with Fidelis Bread Gin and limestone herbal tonic	7.90	Pear brandy matured in oak barrels	3.70
		Raspberry liqueur	3.70



But first, Coffee.

Coffee from the fine roastery Monokel from Bodnegg, hand-roasted in small quantities, gently at low temperature. Our coffee beans come from Peru (fairtrade & organic). Our espresso beans come from South America and Asia.

Cafe Americano	3.50
Cappuccino	4.10
Espresso	2.20
Café Cortado	3.00
Latte Macchiato	4.20
Latte	4.10
Filter coffee	3.50
Coffee endless	4.50

also available with oat drink +0.30

puřka BIOTEA

fruity, herbal, green or black
feel new, three mint, lemongrass + ginger,
... and always another variety

3.70



HOT CHOCOLATE

dark & velvety - our chocolate makes you happy

4.10

Dishes may contain traces of allergenic ingredients. Please contact our service team for information on allergens and additives.

Vegetarian As of 01/2024 All prices in €, inkl. VAT

This menu is made of environmentally friendly grass paper and was printed in Kisslegg in the Allgäu.

Glad, you're here.

Simple, down-to-earth and legend. Like our Leberkäs. Enjoy!



BREAD BASKET

1.00/St.



Our bakers keep the bread basket stocked all day long. Just help yourselves to the crispy breads, pretzel pastries, Fidelis breadsticks or wood-fired oven bread rolls. We ask afterwards how many you've had.

Sweets

- Where coffee & gossip is at home, something sweet is a must... But you won't find any bells and whistles here. We like it to be simple, honest and homemade.
- Hefeschnecken (yeast snails) 3.60
- Sheet cake 4.00
- Datschi (fruit sheet cake) 4.00
- Sweet snacks 2.70

SWEET TREATS IN A JAR

3.80
come and see what's on offer



Guest Wi-Fi

There's no Wi-Fi here, but you'll have a good connection to the people sitting next to you.



Reservations for late-morning snacks, in the afternoon or for groups at www.fidelisbaeck.de or call +49 7522 / 7959-31